# Calcul mental - Entraînement rapide 1

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **1** | 17 + 1 | 30 + 1 | 55+ 1 | 71 + 1 | 94 + 1 | 100 + 1 | 154 + 1 | 3 + 4 | 7 + 2 | 4 + 3 |
| **2** | 23 - 1 | 45 - 1 | 50 - 1 | 69 - 1 | 86 - 1 | 107 - 1 | 124 - 1 | 5 + 6 | 7 + 5 | 2 + 6 |
| **3** | 10 + 10 | 30 + 10 | 40 + 10 | 60 + 10 | 70 + 10 |  90 + 10 | 100 +10 | 0 + 8 | 5 + 7 | 9 + 6 |
| **4** | 8 + 10 | 25 + 10 | 38 + 10 | 57 + 10 | 68 + 10 | 105 +10 | 124 +10 | 6 + 12 | 12 + 7 | 10 + 8 |